

# Galway athletes dominate West region finals

## THE West Region Track & Field Championships were held in Dangan at the weekend.

Galway athletes dominated the under-18 sprints with Karen Campbell (Galway City Harriers) and Paul Hession (Athenry) both taking gold medals in the 100 and 200m events.

At under-13 grade, Gemma Hynes (GCH) had a magnificent triple in the 80m, 200m and long jump, taking all three gold medals, while Michelle Sands (Athenry) captured both middle distance events (800m and 1500m) while Clare McNamara (Athenry) took both under-14 hurdle events winning the 80m in 12.5 seconds and the 250m in 38.4 seconds.

In the under-16 grade Orla Ni Mhuircheartaigh (GCH) scored in the 300m, 300m hurdles and triple jump to take three gold medals and also won the silver in the long jump.

In the under-16 boys events Micheal O Súilleabháin (GCH) won the shot and discus while Gary O'Kane (GCH) was first home in the triple jump and 400m. Maxwell O'Flaherty (Ballinasloe) took the gold medals in the boys under-11 long jump and ball throw.

In the senior events Jonathan Coyne (GCH) captured the 100m and 200m sprints while Robert Glynn (GCH) took the 400m and 800m events. Mary Barrett (Loughrea) won the senior womens shot put, javelin and discus.

It was a particularly memorable weekend for the Campbell family of Castletown in the city. Karen, Michelle and Alan collected a staggering eight gold medals and one silver medal between them.

### Results:

**Girls under 8—Ball Throw:** 1, S. Monaghan, Castlebar; 2, K. Tyrrell, Mohill; 3, Aoife Callanan, Craughwell.

**Girls under 9—60m:** 1, A. Cunningham, Roscommon; 2, A. Banaghan, Roscommon; 3, Ciara Fox, Athenry. **Long Jump:** 1, A. Cunningham; 2, C. King, Westport; 3, Caitriona Foley, Athenry. **4 x 50m Relay:** 1, Loughree (Roscommon); 2, Athenry; 3, Craughwell.

**Girls under 10 — Long Jump:** 1, J. O'Donnell, Ballina; 2, Emma Quigley, Portumna; 3, Carol McCarthy, Athenry. **Ball Throw:** 1, Emer Flatley, GCH; 2, Natalie Jordan, Athenry; 3, Emily Molloy, GCH. **4 x 50m Relay:** 1, Portumna; 2, Loughree; 3, GCH.

**Girls under 11 — 60m:** 1, K. Sullivan, Castlebar; 2, Claire Rockall, Athenry; 3, Karen Hession, Athenry. **600m:** 1, Emma Hynes, Loughree; 2, A.

Kilgallon, Calry; 3, Claire Rockall, Athenry. **High Jump:** M. O'Malley, Westport; 2, Claire Rockall, Athenry; 3, L. McManamon, Castlebar. **Ball Throw:** 1, T. Gavin, Castlebar; 2, K. Scanlon, Calry; 3, Lisa Heneghan, GCH. **4 x 100m Relay:** 1, Athenry; 2, GCH 'A'; 3, Castlebar.

**Girls under 12 — 80m:** 1, O. O'Mahony Nikolakos, GCH; 2, A. Ruane, Sligo; 3, K. Gallagher, N. Leitrim. **60m Hurdles:** 1, A. Ruane, Sligo; 2, B. Staunton, Westport; 3, Amanda Giwa, GCH. **600m:** 1, P. Hughes, Westport; 2, Elaine Tuohy, Athenry; 3, Sarah Connolly, Athenry. **Long Jump:** 1, Aoife Bannon, Athenry; 2, N. Hurst, Claremorris; 3, A. Ruane, Sligo. **High Jump:** 1, P. Hughes, Westport; 2, Amanda Giwa, GCH; 3, tie between Elaine Tuohy, Athenry and B. Staunton, Westport. **Shot Putt:** 1, D. Donohue, Roscommon; 2, Aoife Bannon, Athenry; 3, Geraldine McCormack, Ballinasloe. **4 x 100m Relay:** 1, Athenry 'A'; 2, GCH 'A'; 3, Westport 'A'.

**Girls Under 13 — 80m:** 1, Gemma Hynes, GCH; 2, E. Healy, Ballina; 3, E. Keneghan, Roscommon. **200m:** 1, Gemma Hynes, GCH; 2, E. Healy; 3, E. Keneghan. **800m:** 1, Michelle Sands, Athenry; 2, T. Bourke, Ballina; 3, K. Kyne, GCH. **1500m:** 1, Michelle Sands, Athenry; 2, S. Smith, North Sligo; 3, S. Callaghan, Border Ramblers. **High Jump:** 1, Jennifer Barrett, Loughree; 2, C. Crimis, Carrick-on-Shannon; 3, S. McSweeney, Carrick-on-Shannon. **Long Jump:** 1, Gemma Hynes, GCH; 2, E. Healy, Ballina; 3, Fiona Hahnefeld, Portumna. **Shot Putt:** 1, A. Nolan, Castlebar; 2, R. Glynn, Loughree; 3, T. Bourke, Castlebar. **Javelin:** 1, R. Glynn, Loughree; 2, C. King, Westport. **Discus:** 1, S. Ni Shuilleabháin, GCH. **75m Hurdles:** 1, Fiona Hahnefeld, Portumna; 2, L. Sarsfield, Claremorris; 3, Ciara Duggan, Athenry. **4 x 100m Relay:** 1, GCH; 2, Roscommon; 3, Athenry.

**Girls under 14 — 100m:** 1, Aisling Dolan, North Roscommon; 2, Ailbhe Darcy, Loughree; 3, R. Flynn, Carrick-on-Shannon. **200m:** 1, R. Flynn, Carrick-on-Shannon; 2, E. White, Sligo; 3, Aoife Cummins, GCH. **80m Hurdles:** 1, Claire McNamara, Athenry; 2, Aisling Dolan, North Roscommon; 3, G. Wimsey, Carrick-on-Shannon. **250m Hurdles:** 1, Claire McNamara, Athenry; 2, O. Tiernan, Carrick-on-Shannon; 3, G. Wimsey, Carrick-on-Shannon. **High Jump:** 1, E. McLoughlin, Carrick-on-Shannon; 2, Claire McNamara, Athenry; 3, tie between Aoife Cummins, GCH

and C. Crowe, Roscommon. **Long Jump:** 1, Anne Molloy, Athenry; 2, Aoife Cummins, GCH; 3, E. McLoughlin, Carrick-on-Shannon. **Shot Putt:** 1, T. McDonnell, St. Ronans; 2, Mary T. Lohan, Loughree; 3, S. McManus, Carrick-on-Shannon. **Discus:** 1, Mary T. Lohan; 2, T. McDonnell; 3, C. Mulligan, Mohill.

**Girls under 15 — 100m:** 1, Michelle Campbell, GCH; 2, Claire Callaghan, North Roscommon; 3, Hannah Delaney, GCH. **200m:** 1, Jennifer Hannon, Roscommon; 2, Hannah Delaney, GCH; 3, Patricia McCarthy, Athenry. **800m:** 1, Carolita Kelly, Portumna; 2, E. Jennings, Sligo; 3, R. Raftery, Loughree. **Walk:** 1, Ann Loughnane, Craughwell; 2, Charlene Tyrrell, Mohill; 3, S. Heneghan, Roscommon. **High Jump:** 1, Patricia McCarthy, Athenry; 2, M. Heneghan, Claremorris; 3, tie between Lisa Sherry, GCH and T. Doherty, Ballina. **Shot Putt:** 1, S. Corbett, St. Ronans; 2, Patricia McCarthy, Athenry; 3, Teresa Casserly, GCH. **Discus:** 1, Teresa Casserly, GCH; 2, B. Lavelle, Carrick-on-Shannon; 3, S. Corbett, St. Ronans. **Javelin:** 1, Maria Nevin, Ballinasloe; 2, C. Gildea, St. Ronans; 3, Mairead Duffy, Ballinasloe. **4 x 100m Relay:** 1, GCH; 2, North Roscommon; 3, Ballina.

**Girls under 16 — 200m:** 1, E. Bourke, Ballina; 2, Denise Kelly, Portumna. **800m:** 1, Emer Geraghty, GCH; 2, Zola Flynn, Calry; 3, Mary Brassil, Ballinasloe. **1500m:** 1, Zola Flynn, Calry; 2, Emer Geraghty, GCH; 3, Mary Brassil, Ballinasloe. **300m:** 1, Orla Ni Mhuircheartaigh, GCH; 2, Cathy Evan, Ballinasloe; 3, F. Morgan, Ballinasloe. **Long Jump:** 1, A. Creighton, Castlerea; 2, Orla Ni Mhuircheartaigh, GCH; 3, S. Heverin, Westport. **Triple Jump:** 1, Orla Ni Mhuircheartaigh, GCH. **300m Hurdles:** 1, Orla Ni Mhuircheartaigh, Javelin; 1, F. Morgan, Ballinasloe; 2, O. Mongey, Corran; 3, M. Kelly, St. Ronan's. **Discus:** 1, C. Nolan, Castlebar; 2, E. Kirkpatrick, Castlebar; 3, Mairead Breathnach, GCH. **4 x 100m Relay:** 1, GCH; 2, Ballinasloe 'A'; 3, Ballinasloe 'B'.

**Girls under 17 — 100m:** 1, Barbara Mella, GCH; 2, T. Walsh, Claremorris; 3, C. Herbert, St. Ronans. **200m:** 1, Eleanor Griffiths, Ballinasloe. **1500m:** 1, Eleanor Griffiths, Ballinasloe. **3000m:** 1, C. Harle, Castlerea; 2, Eleanor Griffiths, Ballinasloe. **Discus:** 1, Brid Breathnach, GCH; 2, Kiara Barrett, Loughree; 3, C. Corbett, St. Ronans. **Javelin:** 1, C. Foley, Sligo; 2, Kiara Barrett, Loughree; 3, C. Corbett, St. Ronans. **Shot Putt:**

1, Evan Bolton, Ballina; 2, Brid Breathnach, GCH; 3, Kiara Barrett, Loughree. **4 x 100m Relay:** 1, Sligo.

**Girls under 18 — 100m:** 1, Karen Campbell, GCH; 2, C. O'Donnell, Ballina; 200m: 1, Karen Campbell, GCH; 2, C. Staunton, Loughree; 3, Y. Moran, Loughree. **1500m:** 1, Sally Ann Kavanagh, Castlegar; 2, C. Knight, Ballina. **3000m:** 1, Lisa Coohill, Athenry; 2, Deirdre Hopkins, Loughree. **4 x 100m Relay:** 1, Ballina.

**Senior Women — Shot Putt:** 1, Mary Barrett, Loughree; 2, Mary Porter, Craughwell; 3, C. Fitzgerald, Westport. **Discus:** 1, Mary Barrett, Loughree; 2, C. Fitzgerald, Craughwell; 3, Mary Porter, Craughwell. **Javelin:** 1, Mary Barrett, Loughree; 2, Mary Porter, Craughwell. **Long Jump:** 1, Mary Duffy, Castlegar.

**Boys under 8 — Long Jump:** 1, S. Callaghan, Border Ramblers; 2, T. Sadik, Westport; 3, Eanna Kelly, GCH. **Ball Throw:** 1, L. Staunton, Westport; 2, S. Lyons, Claremorris; 3, Kevin Curley, Ballinasloe.

**Boys under 9 — 60m:** 1, Liam Finnerty, Athenry; 2, Alan Campbell, GCH; 3, Ronan Coyne, GCH. **Long Jump:** 1, Alan Campbell, GCH; 2, Ronan Coyne, GCH; 3, A. Walsh, Sligo. **Ball Throw:** 1, David Byrne, Craughwell; 2, C. Murtagh, Loughree; 3, A. Gavin, Castlebar. **4 x 50m Relay:** 1, GCH; 2, Athenry; 3, South Sligo.

**Boys under 10 — 60m:** 1, Stephen McManus, Ballinasloe; 2, T. Creighton, Castlerea; 3, R. Garvey, Roscommon. **Ball Throw:** 1, L. Casey, Loughree; 2, Malcolm Flannery, Ballinasloe; 3, I. Durkan, Claremorris. **Long Jump:** 1, T. Creighton, Castlerea; 2, R. Garvey, Roscommon; 3, Stephen McManus, Ballinasloe. **4 x 50m Relay:** 1, GCH; 2, Castlebar; 3, Ballinasloe.

**Boys under-11 — 60m:** 1, Conor Callaghy, Portumna; 2, B. Reilly, Ballina; 3, Bernard Burke, Loughree. **600m:** 1, Fergal Ellis, Ballinamore; 2, D. Kyne, Border Ramblers; 3, John Warde, Ballinasloe. **Long Jump:** 1, Maxwell O'Flaherty, Ballinasloe; 2, Colin Flynn, Portumna; 3, Bernard Burke, Loughree. **Ball Throw:** 1, Maxwell O'Flaherty, Ballinasloe; 2, K. O'Gara, Roscommon; 3, L. Cawley, Westport. **4 x 100m Relay:** 1, Portumna; 2, Border Ramblers; 3, Castlebar.

**Boys under 12 — 80m:** 1, S. Brophy, Castlebar; 2, M. McDonnell, Westport; 3, Danny Moore, GCH. **High Jump:** 1, Danny Moore, GCH; 2, S. O'Regan, Westport; 3, John Murphy, GCH. **Shot Putt:** 1, S. Brophy, Castlebar; 2, E.

Madigan, Westport; 3, Thomas Barrett, Loughree. **Ball Throw:** 1, T. King, Castlebar; 2, Conor Guider, Ballinasloe; 3, David Prendergast, Craughwell. **4 x 100m Relay:** 1, GCH 'A'; 2, Castlebar; 3, Westport.

**Boys under 13 — 80m:** 1, B. Feeney, Sligo; 2, R. Mulvey, Carrick-on-Shannon; 3, David Neary, Athenry. **800m:** 1, M. Jennings, Ballina; 2, Daniel Loughnane, Loughree; 3, B. Feeney, Sligo. **1500m:** 1, T. McBride, North Sligo; 2, Aidan Moylan, Athenry; 3, C. Garvey, Kilmore/Aughrim. **Hammer:** 1, Aidan Moylan, Athenry. **Shot Putt:** 1, D. O'Boyle, Calry; 2, David Campbell, Portumna; 3, L. O'Connell, Westport. **4 x 100m Relay:** 1, Carrick-on-Shannon; 2, GCH; 3, Kilmore/Aughrim.

**Boys under 14 — 100m:** 1, A. Farry, Corran; 2, James Tully, Portumna; 3, Derek Donnellan, Tuam. **200m:** 1, James Tully, Portumna; 2, C. Fitzgerald, Westport; 3, Derek Donnellan, Tuam. **800m:** 1, C. Fitzgerald, Westport; 2, R. Byrne, Sligo; 3, Cormac McDonnell, Ballinasloe. **1500m:** 1, C. O'Boyle, Sligo; 2, M. O'Neill, Ballinasloe; 3, R. Byrne, Sligo. **High Jump:** 1, F. Brophy, Castlegar; 2, B. O'Gara, Roscommon; 3, Kieran Page, Portumna. **Discus:** 1, Paul Loughnane, Loughree; 2, E. Keogh, St. Ronan's; 3, F. Brophy, Castlebar. **Shot Putt:** 1, A. Jordan, Ballinasloe; 2, Leo Tierney, Portumna; 3, Paul Loughnane, Loughree. **Long Jump:** 1, E. Molloy, Roscommon; 2, A. Farry, Corran; 3, M. O'Neill, Ballinasloe. **Hammer:** 1, L. Tierney, Portumna. **4 x 100m Relay:** 1, Portumna; 2, Ballinasloe; 3, Sligo.

**Boys under 15 — 100m:** 1, Conor McDonagh, GCH; 2, M. McDermott, Roscommon; 3, C. McNamara, Westport. **200m:** 1, C. McNamara, Westport; 2, Conor McDonagh, GCH; 3, Keith Haverly, Loughree. **800m:** 1, J. Byrne, Claremorris; 2, Diarmuid Diviney, GCH; 3, Brendan Coyne, GCH. **1500m:** 1, Joseph O'Donnell, GCH; 2, J. Byrne, Claremorris; 3, N. Muldowney, Claremorris. **250m Hurdles:** 1, William Finnegan, Craughwell. **100m Hurdles:** 1, B. Flatley, Claremorris; 2, M. O'Donnell, Ballina; 3, Patrick O'Malley, GCH. **High Jump:** 1, B. Flatley, Claremorris; 2, Niall Higgins, GCH; 3, Patrick O'Malley, GCH. **Shot Putt:** 1, E. Murphy, Castlebar; 2, J. Fleming, Tuam; 3, K. Griffiths, Claremorris. **Discus:** 1, E. Murphy, Castlebar; 2, J. Fleming, Tuam. **Javelin:** 1, Niall Higgins, GCH; 2, E. Murphy, Castlebar; 3, A. Warrington, Claremorris. **Hammer:** 1, William Finnegan, Craughwell. **4 x 100m Relay:** 1, GCH; 2, Claremorris; 3,

Ballinasloe.

**Boys under-16 — 800m:** 1, N. Fitzpatrick, Sligo; 2, Ciaran Moynihan, Craughwell. **400m:** 1, Gary O'Kane, GCH; 2, L. Bree, Sligo. **Long Jump:** 1, L. Bree, Sligo; 2, Gary O'Kane, GCH; 3, K. Meehan, Corran. **3000m:** 1, N. Taaffe, Sligo; 2, D. Coyle, Ballina; 3, Joseph McDonnell, Ballinasloe. **Shot Putt:** 1, Michael O Súilleabháin, GCH; 2, C. Mostyn, Carrick-on-Shannon; 3, M. Reilly, Ballina. **Discus:** 1, Michael O Súilleabháin, GCH; 2, M. Reilly, Ballina; 3, L. Bree, Sligo. **Triple Jump:** 1, Gary O'Kane, GCH; 2, G. Grace, Loughree. **4 x 100m Relay:** 1, GCH; 2, Ballina.

**Boys under 17 — 400m:** 1, David Kelly, Tuam. **800m:** 1, David Kelly, Tuam; 2, Cormac Nevin, Ballinasloe; 3, B. Roach, Castlebar. **1500m:** 1, Cormac Nevin, Ballinasloe; 2, Barry Johnson, Ballinasloe; 3, Shane Spellman, Athenry. **3000m:** 1, Barry Johnson, Ballinasloe. **High Jump:** 1, Barry Johnson, Ballinasloe. **Long Jump:** 1, B. Roach, Castlebar; 2, Cormac Nevin, Ballinasloe; 3, Shane Spellman, Athenry. **Triple Jump:** 1, Tony O'Hare, Portumna; 2, B. Roach, Castlebar. **Shot Putt:** 1, D. Fleming, Tuam; 2, P. Mahon, South Galway. **Discus:** D. Fleming, Tuam; 2, J. Hurst, Claremorris. **400m Hurdles:** 1, Tony O'Hare, Portumna; 2, A. Kelly, Roscommon. **4 x 100m Relay:** 1, Roscommon.

**Boys under 18 — 100m:** 1, Paul Hession, Athenry; 2, David Mullin, GCH. **200m:** 1, Paul Hession, Athenry. **3000m:** 1, P. Brennan, North Sligo; 2, E. Hinchy, Carrick-on-Shannon; 3, Emmet Farrell, Craughwell. **800m:** 1, Emmet Farrell, Craughwell. **Long Jump:** 1, David Mullin, GCH; 2, Paul O'Sullivan, South Galway. **Triple Jump:** 1, Paul O'Sullivan, South Galway. **Shot Putt:** 1, Peter Tierney, Portumna. **Hammer:** 1, Peter Tierney, Portumna. **4 x 100m Relay:** 1, Ballina.

**Senior Men — 100m:** 1, Jonathan Coyne, GCH. **200m:** 1, Jonathan Coyne, GCH. **400m:** 1, Robert Glynn, GCH. **800m:** 1, Robert Glynn, GCH; 2, Eamon Hornbrook, GCH. **1500m:** 1, Emmet Dunleavy, Sligo; 2, Gary Higgins, Sligo; 3, Pat Sherry, GCH. **3000m:** 1, Michael Morris, Mayo AC; 2, Clive Clancy, Carrick-on-Shannon; 3, Brian Kilgallon, Sligo. **Hammer:** R. Keenan, Westport; 2, Tom Finnegan, Craughwell. **Shot Putt:** 1, Tom Finnegan, Craughwell; 2, R. Griffiths, Ballinasloe; 3, A. Keenan, Westport. **Discus:** 1, R. Keenan, Westport; 2, P. Kelly; 3, R. Griffiths, Ballinasloe.