

Big medal haul for Galway athletes in West Region Track & Field tests

THE BLOE West Region Track & Field Championships, sponsored by Capri-Sun, were held at the Regional Sports Centre, Dangan on Saturday last. Competition was for boys and girls u-15, u-16, u-17 and u-18.

Galway athletes achieved a satisfactory level of success in the track events with many outstanding performances in both sprints and middle distance events.

In the girls u-15 grade, Martina McCarthy of Athenry had a fine double in the 100m and 200m sprints and also ran the anchor leg of the 4x100m relay to secure the gold medals for her club.

The hurdle events at this grade were shared by Vaaria Coakley, Cuchullain (80m) and Aileen McNamara, Athenry (250m). Sharon Fahy, Athenry, took the gold medal in the 1500m.

In the boys u-15 events Daniel Gillen of Athenry was just pipped for gold in both sprint events. Edward Costello of GCH took the 800m from dubraite Neil O'Leary.

The 3000 metres was an all-Galway affair which featured a magnificent tussle between Schools All-Ireland Cross-Country champion Vincent McGuinness of Loughrea and Fergal Geraghty of GCH.

Both athletes ran shoulder to

shoulder down the finishing with McGuinness eventually prevailing by a narrow margin, with James Loughlin of GCH taking the bronze medal in 3rd place.

In the u-15 field events Barry McCann of GCH took the gold medal in the discus and was also runner-up in the hammer and javelin.

In the girls u-16 sprint events GCH athletes Yvonne Burke, Orla Canavan and Fiona Curley were successful in the 100m, 200m and 300m respectively. GCH also took the 4x100m relay.

The girls u-17 1500m was also won by Kathryn Casserly of Castlegar with Clodagh Ryan of Portumna in 2nd place. Margaret Page of Athenry took the 800m and was also 2nd in the 200m.

Antoinette Geoghegan of Cuchullain took the 300m with the silver medal going to Yvonne Larkin of Portumna.

Helena Curley of South Galway won the long jump and Orla Flannery of Portumna won the javelin, took 2nd in the long jump and 3rd in the discus.

In the boys u-16 events David Burke of Castlegar won the 800m in a fine time of 2.09.01 with Niall Egan of GCH taking the 1500m. Cormac Flanagan of Portumna took the 300m hurdles.

In the boys u-16 field events, Dermot O'Donoghue of South

Galway won the long jump and Alan Hough of Ballinasloe won the javelin.

Alan O'Leary of GCH had a fine double in the u-17 100m and 200m sprints. Paul Reilly of Loughrea took the 1500m and Garry Thornton of GCH won the 3000.

Sean Breathnach of Corra Mona had a fine treble in the throwing events, winning the shot putt, javelin and discus.

In the u-18 grade, Fergal Lenihan of Ballinasloe took the 100m and 200m events while Stephen Kelly of Athenry won the 1500m. Tracy Murphy of GCH took the girls u-18 100m.

The following are the complete results of the events in which Galway athletes won medals.

Girls u-15:

100m: 1, Martina McCarthy, Athenry; 2, Anna Keaveney, St. Mary's, Boyle; 3, Sinead Flynn, Portumna.

200m: 1, Martina McCarthy; 2, Gillian Clyne, Loughrea (Lanesboro); 3, Sinead Flynn.

800m: 1, Gillian Clyne; 2, Amanda Ruane, Cuchullain; 3, Niamh Daly, Loughrea.

1500m: 1, Sharon Fahy, Athenry; 2, Amanda Hanley, Loughree; 3, Aoife Friel, Ballina.

80m hurdles: 1, Valeria Coakley, Cuchullain; 2, Carol Nolan, Claremorris; 3, Aileen McNamara, Athenry.

250m hurdles: 1, Aileen McNamara; 2, Carol Nolan; 3, Sheila Farrell, Loughree.

Walk: 1, Dazelma Casey, Roscommon; 2, S. Naughton, South Galway.

Long jump: 1, Cathy Harrison, Loughree; 2, Aileen McNamara, Athenry; 3, Edel Keane, Roscommon.

High jump: 1, Edel Keane; 2, Sinead Flynn, Portumna; 3, Dairde Cunningham, Westport.

Discus: 1, Valeria Coakley, Cuchullain; 2, Thelma Canavan, Westport; 3, Joanne Mullen, North Sligo.

4x100m: 1, Athenry; 2, Portumna; 3, Cuchullain.

Girls u-16:

100m: 1, Yvonne Burke, GCH; 2, Niamh O'Mahoney, Claremorris; 3, Rhona O'Mahoney, Claremorris.

200m: 1, Orla Canavan, GCH; 2, Niamh Mahoney; 3, Rhona O'Mahoney.

300m: 1, Fiona Curley, GCH; 2, Sinead Gannon, Roscommon.

100m hurdles: 1, Eilish Cunningham, Westport; 2, Emer Kelly, Castlebar; 3, Angela Flynn, Portumna.

Javelin: 1, Ethel Jinks, Corran; 2, Ursula Hanley, Kilmore; 3, Angela Flynn, Portumna.

4x100m relay: 1, GCH; 2, Roscommon.

Girls u-17:

100m: 1, Rose McGloin, North

Sligo; 2, Catherine Moore, Athenry; 3, Anne O'Connell, Portumna.

200m: 1, Rose McGloin; 2, Margaret Page, Athenry; 3, Anne O'Connell.

800m: 1, Margaret Page, Athenry.

1500m: 1, Kathryn Casserly, Castlegar; 2, Clodagh Ryan, Portumna.

3000m: 1, Antoinette Geoghegan, Cuchullain; 2, Yvonne Larkin, Portumna.

Long jump: 1, Helena Curley, South Galway; 2, Orla Flannery, Portumna.

Discus: 1, Mery O'Meara, North Sligo; 2, Anna O'Connell, Portumna; 3, Orla Flannery.

Javelin: 1, Orla Flannery; 2, Jonny Mullen, Carrick-on-Shannon; 3, Breda Mangan, Cuchullain.

Shot putt: 1, Mary O'Meara, North Sligo; 2, Orla Flannery, Portumna; 3, Helena Curley, South Galway.

Girls u-18:

100m: 1, Tracy Murphy, GCH.

Boys u-15:

100m: 1, Thomas Griffin, Claremorris; 2, Daniel Gillen, Athenry; 3, Niall O'Brien, Athenry.

200m: 1, Michael Hilliard, Longford; 2, Daniel Gillen, Athenry; 3, James McDermott, Corran.

800m: 1, Edward Costello, GCH; 2, Neil O'Leary, GCH; 3, James McDermott.

300m: 1, Vincent McGuinness,

Loughrea; 2, Fergal Geraghty, GCH; 3, James Loughlin, GCH.

Long Jump: 1, Diarmuid Henry, Corran; 2, Michael Hilliard, Longford; 3, D. Monaghan, South Galway.

Javelin: 1, Pierce Kennedy, Carrick-on-Shannon; 2, Barry McCann, GCH; 3, Owen Dunleavy, St. Deirbhle's.

Discus: 1, Barry McCann, GCH; 2, Gavin Duffy, Ballina; 3, Brian Spellman, St. Mary's, Boyle.

Hammer: 1, Gavin Duffy; 2, Barry McCann.

4x100m relay: 1, Sligo; 2, Athenry; 3, GCH.

Boys u-16:

200m: 1, Paul Munnely, Ballina; 2, Ashley Henry, Corran; 3, Kieran O'Connell, Castlegar.

800m: 1, David Burke, Castlegar; 2, Gavin McGowan, North Sligo; 3, Colm Mangan, St. Deirbhle's.

1500m: 1, Niall Egan, GCH; 2, B. Ford, Sligo; 3, Alan Hough, Ballinasloe.

300m hurdles: 1, Cormac Flanagan, Portumna; 2, Ashley Henry, Corran; 3, B. Reilly, St. Deirbhle's.

Long jump: 1, Dermot O'Donoghue, South Galway; 2, Cormac Kelleher, Carrick-on-Shannon; 3, A. Flynn, Portumna.

Javelin: 1, Alan Hough, Ballinasloe; 2, Chris Daly, Carrick-on-Shannon; 3, David Crowe, Carrick-on-Shannon.

4x100m relay: 1, Ballina; 2, Castlegar; 3, Carrick-on-Shannon.

Boys u-17:

100m: 1, Alan O'Leary, GCH; 2, Conor McDonagh, Corran; 3, Alan Kelly, Ballina.

200m: 1, Alan O'Leary; 2, Conor McDonagh.

1500m: 1, Paul Reilly, Loughrea; 2, Robert Mullen, North Sligo; 3, Cormac McDermott, GCH.

3000m: 1, Garry Thornton, GCH; 2, Michael Costello, Roscommon; 3, J. J. Mangan, St. Deirbhle's.

Shot putt: 1, Sean Breathnach, Corra Mona; 2, Robert Mullen; 3, J. J. Mangan.

Javelin: 1, Sean Breathnach; 2, J. J. Mangan; 3, Robert Mullen.

Discus: 1, Sean Breathnach; 2, Robert Mullen; 3, J. J. Mangan.

4x100m relay: 1, Roscommon; 2, GCH.

Boys u-18:

100m: 1, Fergal Lenihan, Ballinasloe; 2, Alex Brennan, Roscommon; 3, Leo Hegarty, Ballina.

200m: 1, Fergal Lenihan; 2, Lewo Hegarty.

800m: 1, David Currid, North Sligo; 2, Adrian Wallace, GCH; 3, John Flanagan, St. Deirbhle's.

1500m: 1, Stephen Kelly, Athenry; 2, Ashley Molloy, Carrick-on-Shannon.

3000m: 1, Alan Clarke, Corran; 2, Derek McDermott, Castlegar.