



# West Region indoor athletic championships

**THE West Region indoor athletic championships were held in Nenagh at the weekend. A number of Galway athletes won gold medals in several events.**

Orla Ni Mhuircheartaigh of Galway City Harriers won the under-16 shot putt, long jump and 200m and was also a member of the Galway City Harriers winning under-16 relay team.

Denise Carty of Portumna A.C. won the under-18 long jump and 60m hurdles and took the silver medal in the 200m. Fiona Hahnefeld, Portumna A.C. captured the under-13 60m hurdles and long jump and took the silver medal in the shot putt.

Claire Rockall of Athenry A.C. won the under-11 60m, took the silver medal in the long jump, bronze medal in the high jump and ran the anchor leg on the winning Athenry under-11 relay team.

Daniel Loughnane of Loughrea A.C. had a fine winning double in the boys under-13 60m and 800m. James Tully of Portumna A.C. won the under-14 60m, took the silver medals in the 60m hurdles and shot putt and was a member of the winning Portumna under-14 relay team.

Conor McDonagh of Galway City Harriers had a winning double in the boys under-15 60m and 200m. Tony O'Hare, Portumna won the boys under-17 60m hurdles and triple jump with David Kelly, Tuam A.C. taking the 800m and 400m at under-17. In the under-18 grade David Mullen of Galway City Harriers took the 60m sprint and long jump.

#### Girls under-11:

60m: a, Claire Rockall, Athenry; 2, Kathryn Sullivan, Castlebar; 3, Karen Hession, Athenry.

Long Jump: 1, Sinead Cummins, GCH; 2, Claire Rockall, Athenry; 3, Caroline Doyle, Westport.

High Jump: 1, Michelle

O'Malley, Westport; 2, Aisling Grimes, Carrick-on-Shannon; 3, Claire Rockall, Athenry.

4x100m Relay: 1, Athenry; 2, Castlebar; 3, Galway City Harriers 'A'

#### Girls under-12:

Long Jump: 1, Aoife Bannon, Athenry; 2, Nicola Hurst, Claremorris; 3, Ciara O'Donnell, Ballina.

600m: 1, Kate Gallagher, unattached; 2, Sarah Jane Boyce, Calry; 3, Sarah Connolly, Athenry and Pamelis Hughes, Westport (dead heat).

4x100m Relay: 1, Athenry 'A', 2, Westport; 3, Athenry 'B'.

#### Girls under-13:

60m: 1, Elaine Healy, Ballina; 2, Gemma Hynes, Galway City Harriers; 3, Natalie Allen, Galway City Harriers.

Long Jump: 1, Fiona Hahnefeld, Portumna; 2, Elaine Healy, Ballina; 3, Ann Marie Crowe, Roscommon.

High Jump: 1, Jennifer Barrett, Loughrea; 2, Claire Grimes, Carrick-on-Shannon; 3, Lisa McGovern, Carrick-on-Shannon.

60m Hurdles: 1, Fiona Hahnefeld, Portumna; 2, Clara Duggan, Athenry; 3, Jennifer Barrett, Loughrea.

800m: 1, Michelle Sands, Athenry; 2, Claire Cheeseman, Ballinasloe; 3, Aoife Killane, Longford.

Shot Putt: 1, Anne Nolan, Castlebar; 2, Fiona Hahnefeld, Portumna; 3, Clare King, Westport.

4x200m Relay: 1, Galway City Harriers; 2, Ballina; 3, Claremorris.

#### Girls under-14:

60m: 1, Ailbhe Darcy, Loughrea; 2, Orla Creighton, Roscommon; 3, Ann Marie McDonagh, Galway City Harriers.

Long Jump: 1, Eadain McLoughlin, Carrick-on-Shannon; 2, Annis Molloy, Athenry; 3, Rachel Flynn, Carrick-on-Shannon.

High Jump: 1, Eadaion McLoughlin, Carrick-on-Shannon; 2, Claire McNamara, Athenry; 3,

Catherine Crowe, Roscommon.

60m Hurdles: 1, Clare McNamara, Athenry; 2, Laura Flanagan, Portumna; 3, Orna Tiernan, Carrick-on-Shannon.

#### Girls under-15:

Shot Putt: 1, Sharon Corbett, St. Ronan's; 2, Theresa Casserly, Galway City Harriers; 3, Patricia McCarthy, Athenry.

1500m Walk: 1, Anne Loughnane, Loughrea; 2, Ellis Quinn, Ballinamore; 3, Charlene Tyrrell, Mohill.

4x200m Relay: 1, Galway City Harriers; 2, Roscommon; 3, Sligo.

#### Girls under-16:

Long Jump: 1, Orla Ni Mhuircheartaigh, GCH; 2, Amanda Creighton, Castlebar; 3, Aisling McDermott, Sligo.

800m: 1, Zola Flynn, Calry; 2, Emer Geraghty, GCH; 3, Claire McGovern, Mohill.

60m Hurdles: 1, Orla Ni Mhuircheartaigh, GCH; 2, Aileen Holmes, Longford.

200m: 1, Orla Ni Mhuircheartaigh; 2, Elaine Bourke, Ballina; 3, Laura Spellman, Sligo.

Shot Putt: 1, Amanda Creighton, Castlebar; 2, Mairead Breathnach, GCH; 3, Elizabeth Brady, Longford.

4x200m Relay: 1, Galway City Harriers; 2, Ballina; 3, Sligo.

#### Girls under-17:

60m: 1, Barbara Melia, GCH; 2, Caroline Corbett, St. Ronan's.

60m Hurdles: 1, Eimear Ruane, Sligo; 2, Ciara Barrett, Loughrea; 3, Sheila Burke, Portumna.

Shot Putt: 1, Eva Bolton, Ballina; 2, Ciara Barrett, Loughrea; 3, Caroline Corbett, St. Ronan's.

#### Girls under-18:

60m: 1, Caitriona O'donnell, Ballina; 2, Karen Campbell, GCH; 3, Marie Hughes, St. Ronan's.

Long Jump: 1, Denise Carty, Portumna; 2, Marie Hughes, St. Ronan's; 3, Carol Staunton, Westport.

60m Hurdles: 1, Denmise Carty, Portumna; 2, Caitriona O'Donnell, Ballina.

200m: 1, Karen Campbell, GCH; 2, Denise Carty, Portumna; 3, Yvonne Moran, Westport.

Shot Putt: 1, Brid Breathnach, GCH.

#### Senior Woman:

1500m: 1, Caroline Clancy, Loughrea; 2, Nora Newcombe, Ballina; 3, Maria Healy, Mayo AC.

Shot Putt: 1, Mary Barrett, Loughrea; 2, Mary Porter, Craughwell.

#### Boys under-11:

60m: 1, Alan Kyne, Border Ramblers; 2, Conor Callaghy, Portumna; 3, Colm Flynn, Portumna.

Long Jump: 1, Thomas Creighton, Castlebar; 2, Lewis Crawley, Westport; 3, Colm Flynn, Portumna.

600m: 1, Fergal Ellis, Ballinamore; 2, David Flynn, Castlebar; 3, Declan Coyle, Border Ramblers.

4x100m Relay: 1, Portumna; 2, Border Ramblers; 3, Castlebar.

#### Boys under-12:

High Jump: 1, Stephen O'Regan, Westport; 2, Robert Brown, Westport; 3, Thomas Barrett, Loughrea.

600m: 1, Seán Brophy, Castlebar; 2, Michael Higgins, Roscommon; 3, Daniel Carr, GCH.

4x100m Relay: 1, Galway City Harriers; 2, Castlebar; 3, Westport.

#### Boys under-13:

60m: 1, Daniel Loughnane, Loughrea; 2, David Campbell, Portumna; 3, Shane Curtin, Portumna.

Shot Putt: 1, David Campbell, Portumna; 2, Leo O'Connell, Westport; 3, Paul Kelly, Portumna.

800m: 1, Daniel Loughnane, Loughrea; 2, Thomas McBride, North Sligo; 3, Ray Mulvey, Carrick-on-Shannon.

Long Jump: 1, Jason Roche, GCH; 2, Thomas McBride, North Sligo; 3, David Campbell, Portumna.

#### Boys under-14:

60m: 1, James Tully, Portumna; 2, Alan Farry, Corran; 3, Cullen Fitzgerald, Westport.

800m: 1, Raymond Byrne, Sligo; 2, John Scanton, Sligo; 3, Liam Lynch, Ballinasloe.

60m Hurdles: 1, Enda Molloy, Roscommon; 2, James Tully, Portumna; 3, Stephen Farry, Corran.

Shot Putt: 1, Paul Loughnane, Loughrea; 2, James Tully, Portumna; 3, Bryan O'Gara, Roscommon.

4x200m Relay: 1, Portumna; 2, Sligo; 3, Tuam.

#### Boys under-15:

60m: 1, Conor McDonagh, GCH; 2, Conall McNamara, Westport; 3, Derek Fanning, Tuam.

High Jump: 1, Brian Flatley, Claremorris; 2, Patrick O'Malley, GCH; 3, Niall Higgins, GCH.

800m: 1, Jason Byrne, Claremorris; 2, Brendan Coyne, GCH; 3, Diarmuid Diviney, GCH.

60m Hurdles: 1, Brian Flatley, Claremorris; 2, Patrick O'Malley, GCH; 3, Mark O'Donnell, Ballina.

200m: 1, Conor McDonagh, GCH; 2, Conall McNamara, Westport; 3, Jason Byrne, Claremorris.

1500m: 1, Ian McWalter, Claremorris; 2, Joseph O'Donnell, GCH; 3, Gary McMorrow, North Sligo.

4x200m Relay: 1, Galway City Harriers; 2, Claremorris; 3, Roscommon.

#### Boys under-16:

60m: 1, Jason Gilmartin, Sligo; 2, Gerard Burke, Portumna; 3, Martin Neary, Athenry.

Long Jump: 1, Luke Bree, Sligo; 2, Gary O'Kane, GCH; 3, Thomas Burke, Claremorris.

800m: 1, Noel Fitzpatrick, Sligo; 2, Claran Moynihan, Craughwell; 3, Dominic Hall, Castlebar.

60m Hurdles: 1, Karl Meehan, Corran; 2, Leon Downey, Portumna; 3, Luke Bree, Sligo.

200m: 1, Gerard Burke, Portumna; 2, Jason Gilmartin,

Sligo; 3, Luke Bree, Sligo.

Shot Putt: 1, Michael O'Sullivan, GCH; 2, Colin Mostyn, Carrick-on-Shannon; 3, Rikki O'Gara, Roscommon.

4x100m Relay: 1, Portumna; 2, Sligo; 3, Ballinasloe.

#### Boys under-17:

60m: 1, Alan Kelly, Roscommon; 2, Thomas Dyer, Corran; 3, David Carr, Ballinasloe.

High Jump: 1, Barney Johnson, Ballinasloe; 2, Damien Hennigan, Roscommon.

Triple Jump: 1, Tony O'Hare, Portumna; 2, Barry Johnson, Ballinasloe.

800m: 1, David Kelly, Tuam; 2, Dave Tonry, Corran; 3, Dominic Keneghan, Carrick-on-Shannon.

60m Hurdles: 1, Tony O'Hare, Portumna; 2, Alan Kelly, Roscommon; 3, Damien Munnally, Ballina.

Shot Putt: 1, Dave Tonry, Corran; 2, David Carer, Ballinasloe; 3, Ronan Broderick, Ballinasloe.

400m: 1, David Kelly, Tuam.

4x200m Relay: 1, Ballinasloe; 2, Roscommon.

#### Boys under-18:

60m: 1, David Mullen, GCH; 2, Paul Hession, Athenry.

Long Jump: 1, David Mullen; 2, Kevin Dermody.

Triple Jump: 1, Brendan Glynn, GCH; 2, JHohn McCormack, Ballinasloe.,

200m: 1, Paul Hession, Athenry; 2, David Mullen, GCH.

1500m: 1, Eoin Hinchy, Carrick-on-Shannon; 2, John McCormack, Ballinasloe.

Senior Men:

200m: 1, Ashley Henry, Corran; 2, John Walkin, Castlebar; 3, Robert Glynn, GCH.

60m: 1, John Walkin; 2, Ashley Henry; 3, Jonathan Coyle, GCH.

3000m: 1, David Reilly, Loughrea; 2, Emmet Dunleavy, Sligo; 3, John Keneghan, Carrick-on-Shannon.

Shot Putt: 1, Ashley Henry, Corran; 2, John James Reilly, Loughrea; 3, Joe Fox, Roundford.